

2015 COURSE PROGRAMME AND CONTENT

The aim of the residential Summer School in Cagliari is to explore innovative strategies:

- to enhance healthy settings through health promotion vision
- to enable local partnerships to build local capacity for health promoting action

The course will cover the domains 'Enabling Change' and 'Mediating through Partnership' included in the IUHPE accreditation standards for 'European Health Promotion Professionals'.

Both theoretical and practical elements of health promotion are included in the programme, which is underpinned by an emphasis on participant interaction, including: field-visits to exemplary programs; opportunities for sharing knowledge and experiences with international colleagues involved in promoting health in its broadest sense; all participants engage in developing a project (including a research component) as part of an international multidisciplinary working group.



TO CREATE SALUTOGENIC ENVIRONMENTS HEALTH PROMOTING SETTINGS

The Summer School now in its 24th year, will not only equip you with new knowledge and skills, but also inspire and revitalise your enthusiasm for promoting health and wellbeing. An additional benefit is the long-lasting international networks participants develop over the 2-week session.

The XXIV European Summer School is targeted at a wide range of professionals from different disciplines working in fields involving health promotion in countries across Europe and more recently including Canada and other countries outside Europe. For detailed information visit:

TWENTY YEARS OF CAPACITY BUILDING

Health promotion is based on intersectoral, interdisciplinary and interprofessional collaboration in a local, regional, national and/or international context. The guiding principles for health promotion practice are community participation, empowerment, equity, and freedom. These principles need to be fostered through training strategies and actions, including international courses.

Since 1991, ETC-PHHP has organised 23 Summer Courses in 13 cities with 564 participants from 45 countries (mainly from Europe, 34), coming from public health, health promotion, all levels of health care, education, social work as well as research, management and policy backgrounds. 10 of them were in collaboration with the European Master Programme in Health Promotion (EUMAHP) from 2002 to 2011.

The ETC Courses, planned and implemented by a team consisting of the representatives from all schools and academic institutions can be seen as a model of good practice, based on twenty years experience of capacity building.

Feedback from participants

"It has been a great opportunity to meet many different kinds of people from whom you could learn a lot, and I definitely feel that I now have created a European network that could be useful in the future."

"It was very difficult to work in a group consisting of participants from different cultures, backgrounds, age ..., but at the same time it was very interesting and challenging."

"I LEARNED A LOT, I WORKED A LOT, AND I LIVED A LOT"

"In conclusion, this course was not only a rich learning experience academically and professionally but personally as well. It allowed me to broaden my horizons by learning more about the European views on health, wellbeing and health promotion which triggered an evolution in my perspectives."

EUROPEAN PERSPECTIVES ON HEALTH PROMOTION WWW.ETC-SUMMERSCHOOL.EU



24th ETC-PHHP Summer School

CREATING SALUTOGENIC ENVIRONMENTS:
HEALTH PROMOTING UNIVERSITIES,
SCHOOLS, HOSPITALS, CITIES &
WORKPLACES



Dipartimento di Sanità Pubblica,
Medicina Clinica e Molecolare
Università di Cagliari

Department of Public Health
Clinical and Molecular Medicine
University of Cagliari

2nd - 14th August 2015 (Summer School)
Starts 25th May 2015 with Distance Learning
Cagliari, Sardinia - Italy



2015 COURSE PROGRAMME AND CONTENT

The 2015 Summer School will consist of eight learning weeks: the first six weeks will be delivered as a distance learning module (120 hours), followed by a two-week intensive course with morning and afternoon sessions (80 hours).

The residential Summer School will be held at the Department of Public Health, Clinical and Molecular Medicine, University of Cagliari, hosted by Prof. Paolo Contu, Dean of Faculty of Medicine.

The course methods include introductory presentations from the course team, self-study, group work, problem solving and other forms of peer-based learning. Expert briefings and field visits are included.

The course working language is English. An Italian language parallel course will be offered.

2015 COURSE PARTICIPANTS - WHO SHOULD COME?

The participants may come from health promotion, public health, and all levels of health care, education, social work as well as research, management and policy backgrounds. The number of participants is limited to 35.

2015 COURSE FEE

The regular course fee is € 1.300.

Early registration (before March 27) is € 1.100, will save €200.

The fee includes accommodation in single rooms, lunches during the academic programme (Monday to Friday), catering during morning coffee breaks, course materials, and welcome & farewell dinner.

Deadline for registration: April 24th, 2015.

For online registration go to:

WWW.ETC-SUMMERSCHOOL.EU

ETC-PHP NETWORK

- 1 University of Zagreb, School of Medicine, Andrija Štampar School of Public Health, **Croatia**;
- 2 Department of Clinical Sciences and Nutrition, University of Chester, **UK**;
- 3 Department of Education and Health Promotion, University of Bergen, **Norway**;
- 4 Health & Society (HSO), Department of Social Sciences, Wageningen University, **The Netherlands**;
- 5 Research Centre for Health Promotion and Education University of Perugia, **Italy**;
- 6 Faculty of Nursing, University of Girona, **Spain**;
- 7 Institute Sports and Exercise, Health Promotion and Performance, Nijmegen, **The Netherlands**;
- 8 Research Centre for Health Promotion and Resources HiST/ NTNU, Department of Social Work and Health Sciences, NTNU Trondheim – Norwegian University of Science and Technology, **Norway**;
- 9 Department of Public Health, Clinical and Molecular Medicine, University of Cagliari, **Italy**;
- 10 The Inpes Health Promotion Chair at the EHESP, EHESP French School of Public Health, Rennes, **France**.
- 11 The Public Health Research Group of the University of Alicante, **Spain**

And two independent individual consultants in Public Health and Health Promotion from **Germany**, both actively involved in ETC -PHHP Courses for many years, are also directly engaged in the ETC-PHHP Network since ten years.



ETC---PHHP was originally founded by four academic institutions after an initiating meeting in Göteborg in 1990:

- ◆ Nordic School of Public Health (NHV), Goteborg (**Sweden**)
- ◆ University of Liverpool (**UK**)
- ◆ Valencia School for Health Studies (EVES), Valencia (**Spain**)
- ◆ Andrija Štampar School of Public Health, Zagreb (**Croatia**).

Two additional members of the ETC-Network were:

- ◆ National School of Public Health, Prague (**Czech Republic**) 1994-2003
- ◆ Academy for Public Health, Düsseldorf (**Germany**) 2001-2011



The Poetto long and sandy beach



A panoramic view of the ancient city from Bastione of Balice

HOW TO GET THERE

There are regular flights to Cagliari from many airports in Europe, also low cost (Ryanair, EasyJet, Vueling, Air Berlin)

www.sogaer.it

www.alitalia.com

www.cagliariturismo.it

